

# PANAGA SCHOOL



## Parent Information Letter No.120

Date: Thursday 16<sup>th</sup> February 2012

### **International Day: Friday 6<sup>th</sup> April 2012**

In early April, we will be staging our annual **International Day**: a wonderful celebration - through costume, music, food and dance - of the rich cultural diversity here at Panaga School! More details will follow in due course. At this juncture, the children are invited to take part in a competition to design the logo to symbolise the event. Please see attached flyer.

### **Message from the Parent Teacher Association: Charity Event - Panaga Helps**

On **Sunday 11<sup>th</sup> March from 3pm-5pm**, the PTA (Parent Teacher Association) of the Panaga School - together with several dedicated volunteers - is organising a big school fair under the motto: '**Panaga Helps**'. Two years ago, this was organised to support victims of the Haiti disaster. This time, all proceeds will go to two local schools in Kuala Belait ("Smarter" and "Pusat Ehsan") for children with autism. Part of the school fair will be several food stalls with food from all over the world. We would be very grateful if the communities of different nationalities could provide some dishes which can be easily sold - the proceeds going to the good cause. If you are interested of have any other questions, please contact Michelle Bergler ([michelle.bergler@hotmail.com](mailto:michelle.bergler@hotmail.com)) or Janneke Luyten ([jannekerob@hotmail.com](mailto:jannekerob@hotmail.com)). We very much welcome your support.

### **HSE**

All children and parents are reminded to **dismount from bicycles once on the Teraja school site** (by Jalan Utura level crossing to the front of school, and by the footpath to the cycle sheds to the rear).

### **International School of Brunei Presentation to P7 and P8**

A reminder to all P7 and P8 parents of the transition information session offered by ISB. This will be on **Wednesday 22<sup>nd</sup> February at 7:00pm in the Teraja Hall**. ISB have also offered students and parents the opportunity to visit the school on the afternoon of Friday 24<sup>th</sup> February. A special science session will be organized and interested students may take part in a sleep-over that evening (see separate letter/return slip).

### **Primary 8 in 2012/13**

Following the ISB event mentioned above and the similar JIS event in January, all P7 parents will be required to indicate if they intend to take up a place at Panaga next year. A form will be issued on Friday 24<sup>th</sup> February, to be returned by **Monday 27<sup>th</sup> February**. This information will support strategic planning for next academic year.

### **After School Activities – Volunteer needed!**

Following the departure of Paul Winn, the Football Group for P4 and P5 (Mondays: 5:00 to 6:00pm on Teraja site playing field) urgently needs a volunteer coach to take over. Unfortunately, if no-one comes forward, the group will necessarily cease to run.

### **School Closure**

School will be closed on Thursday 23<sup>rd</sup> February in respect of Brunei National Day.



**Panaga School**

HRS/4, BSP Company Sdn Bhd , Seria, KB3534, Negara Brunei Darussalam

**School website**

[www.panagaschool.com](http://www.panagaschool.com)

**Tel:** 3375728

## **Yoga for Kids**

*Dear Parents,*

*We are very happy to announce that we are still going strong with our kids Yoga class every Thursday afternoon. Age group 8 till 12 years old. A maximum of 12 kids can join the class. The class will be held from 4pm till 4.45pm at the balcony of Panaga Club above the restaurant. Till now we had an enthusiastic group of kids and at the moment we have some spots open. If your child is interested in participating in this Yoga class please let us know. Try out lesson is possible.*

*For questions or registration please contact us via our email: [jethoeve@hotmail.com](mailto:jethoeve@hotmail.com) or [g.weisserkiemel@gmail.com](mailto:g.weisserkiemel@gmail.com)*

### **WHY YOGA FOR KIDS?:**

*Our children live in a hurry-up world . We usually don't think of these influences as stressful for our kids, but often they are. The bustling pace of our children's lives can have a profound effect on their innate joy. Yoga can help counter the daily live pressures. When children learn techniques for self-health, relaxation, and inner fulfillment, they can navigate life's challenges with a little more ease.*

*Children do have enormous benefits from yoga, like:*

- Increase general health and fitness levels, flexibility, strength, balance and co-ordination.*
- Keeps bones strong and correctly aligned, and muscles around them supple and toned.*
- Calms the emotions, releases anxiety and helps children to relax.*
- Encourages concentration, positive thinking, confidence, self esteem and self expression.*

*Namaste*

*Jet Hoeve*

*Gittie Weisser*

**Thank you for your continued support and if you have any questions, please do not hesitate to contact your child's class teacher in the first instance and then any of the Leadership Team**



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# Panaga School International Day



Friday 6<sup>th</sup> April 2012

## Logo Competition



*Last year's winner: Aarushi Vardhan*

Have a go! Design Panaga School's  
International Day logo!

Please create your logo on a piece of **A4** paper, with your name and class written in pencil on the back.  
The winning entry will become the "Official Logo" for:

# PANAGA SCHOOL INTERNATIONAL DAY FRIDAY 6th APRIL 2012

Your logo should mention:

- "PANAGA SCHOOL INTERNATIONAL DAY Friday 6th April 2012"
- Highlight Panaga School's proud international values and..
- Represent the many countries and cultures we celebrate here.

Entries close:  
Monday 12th March 2012

...and should be handed into the specially-marked competition boxes in the Teraja and Rampayoh administration offices.

Entries will be judged by Mr Richard, Mr Craig and Mr Meino

Good luck!